



**SFTS**  
Center for  
Innovation in Ministry

# Spirituality and Mental Health Working Together?

CONSECUTIVE TUESDAYS • 4:30 - 7:00 pm PST  
APRIL 10 – MAY 15, 2018

Religious beliefs often weigh heavily on a person's mental health and drives them to seek counsel from spiritual leaders. Unfortunately, connections between mental health professionals and spiritual leaders are rare, missing the opportunity for holistic care. In this seminar, you'll learn from mental health and religious leaders about the connections between mental health and spirituality, best practices for addressing mental health needs in congregations and the role of religious beliefs in treatment.

This six week, six-session course will serve as an exploration into the connections between religious and spiritual beliefs, practices, and experiences, and mental or psychological illness and well-being.

## Online Seminar + Community Project + Collaboration

Through a combination of online lectures, experiential exercises and interactive discussion, this course will focus on world views, knowledge, and skills that healthcare practitioners, clergy, spiritual directors, and others can apply in their work with patients, clients, and congregants who are experiencing religious/spiritual struggles, or mental health challenges, or both.

## FACILITATORS



**Dr. Peter Goldblum, Ph.D.**

Professor and Co-Director  
at the Center for LGBTQ  
Evidence-Based Applied Research  
at the Pacific Graduate  
School of Psychology  
at Palo Alto University



**Rev. Dr. D. Mark Wilson, Ph.D.**

Assistant Professor  
of Congregational  
Leadership at the  
Pacific School  
of Religion in Berkeley



**Dr. Cassandra Vieten, Ph.D.**

President of the  
Institute of Noetic Sciences,  
and scientist at the  
Mind-Body Medicine  
Research Group  
at California Pacific  
Medical Center  
Research Institute  
in San Francisco

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**American Psychological Association:** Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Spiritual Competency Resource Center maintains responsibility for its programs and their content. California Board of Behavioral Sciences accepts CE credits for license renewal by LCSWs and MFTs for programs from CE approved sponsors of the American Psychological Association. LCSWs and MFTs from states other than California need to check with their state licensing board for approval. California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California.

For questions about these CE accreditations, visit [www.spiritualcompetency.com](http://www.spiritualcompetency.com) or contact David Lukoff, PhD at (707) 763-3576 or [CE@spiritualcompetency.com](mailto:CE@spiritualcompetency.com). An approved CE provider, SCRC provides CEUs to psychologists, nurses, social workers, and MFTs. Topics cover Mental Health Disorders and Spirituality.